

'Probing Legacy Questions'

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Top 30 Questions - To help initiate meaningful conversations.

Basic ice-breakers;

1. Did you know that end-of-life planning reduces the stress of aging?
2. Did you know that end-of-life planning often enhances family harmony?
3. Did you know it tends to leave survivors more financially & emotionally resilient?
4. Have you had a close family member or friend die?
5. Do you know anyone who openly talks about what they want done after they're gone?
6. Have you discussed with your family what you want done with your body?
7. Do you want to be cremated, buried or recycled?
8. Why do you prefer that option?
9. What type of funeral would you like?
10. Who is to be in charge of wrapping up all the details of your life?
11. What if that person cannot fill the role?
12. What are some of the challenges you've heard of survivors having after a death?
13. Did you know only about half the adult population of Canada & the U.S. have a valid & current will?
14. Do you have a will?
15. Is it valid, current & easily found?

Advanced, for more in-depth conversations;

1. Did you know that end-of-life planning is one of your most loving gifts?
2. Do you know what happens when someone dies without having a will in place?
3. Has anyone close to you acted as an executor?
4. Are you familiar with the responsibilities of an executor?
5. Did you know executors can be sued?
6. Are you familiar with the circumstances of when a lawyer should be hired for will planning?
7. Would you like to give your family & close friends one last chance to see you & say goodbye?
8. Do you have a power of attorney set up in case you cannot communicate?
9. Are you familiar with Advance Care Planning?
10. Are you likely to be an executor or power of attorney for someone?
11. Did you know organs and tissue can be donated after death, regardless of age?
12. Are you familiar with medical assistance in dying? (MAiD)
13. What are your thoughts regarding the MAiD program?
14. Are you familiar with complicated grief?
15. Have you heard of the Death Positive Movement?

The above was created to help more people engage in these essential conversations when time is plentiful and minds are clear. Not doing so leads to many problems. The key is to be proactive. To learn more about this mortician's meaningful message, visit www.DoNotIgnoreYourMortality.com